



PEEL DISTRICTS LITTLE ATHLETICS CENTRE
Affiliated with Athletics West

SUNSMART PROTECTION POLICY

Peel Districts Little Athletics Centre is committed to providing a safe environment in which athletes can compete.

Purpose

The health of members and supporters is our primary concern. The Centre acknowledges that skin cancer is a major public health problem in Australia with two out of three people requiring treatment for some form of skin cancer in their lifetime. We recognise that skin cancer is preventable and will actively promote, encourage and support sun protection at meetings, training and competition.

PDLAC is aware that children are especially susceptible to the sun's rays and that skin cancer can be prevented.

We acknowledge UV is not hot. It can't be felt and isn't connected to the temperature. UV levels can be damaging on cool, cloudy days and warm, sunny days.

Strategies

The following strategies have been adopted:

- Where possible, competition and training shall be scheduled outside the hours of 12:30 and 3:00 pm.
- The centre will maximise the use of natural shade provided by trees, buildings and portable shades.
- Individuals will be encouraged to bring their own shade structures to activities.
- Where possible, portable shade will be provided at all marshalling areas.
- Executive members, officials and volunteers must be seen setting a sun smart example (eg shirt with sleeves, hats, sunglasses etc)
- All athletes should be wearing sun safe attire at competition and whilst exposed to the sun. Hats or caps should be worn except when in the action of competing. (ie wear hats in lines awaiting throw/jump as appropriate). Plain black or white t-shirts can be worn under uniform top.
- The Centre shall provide sunscreen near the announcer's desk.